**Quarantine Activities**:

*These can be done Individually or as a family*

**--Sing or write a song (music)**

**--Dance**

**--Cook (*a new/different/healthy/ recipes*)**

**--Read a book (*story/article/etc*.)**

**--Write a book (*story/article/etc.)***

**--Build something (*go-kart/robots/etc.*)**

**--Physical exercise (*household chores do count*)**

**--Catch up on television shows or the latest movies**

**--Gardening**

**--Art (*drawing/painting/pottery/etc.)***

**--Acting/Role Play (*acting out scenes in plays or movies/mock trial/pretend to be a fairy/etc.)***

**--Game events (*board games/card games/video games/virtual games/etc.*)**

**--Scrapbooking/Photo Albums/Create a Time Capsule**

**--Learn/Try a new hobby (*knitting/crocheting/design/etc.*)**

**--Pray**

**--Implement a new family practice (*once a month game night/etc.*)**

**--Learn a foreign language**

**--Build a forte**

**--Sew (*pillows/doll accessories/gifts for the elderly or terminally ill/etc.*)**

**--*Come up with your own idea to add to this list***